

# THE Mount Airian ROTARIAN

November, 2010

Editor, Joan Inman



## It's All About Beef

Michael Goldwasser has spent 37 years as a cattle farmer in Virginia. Not being born and raised on a farm he had some lessons to learn, but being green to the process also opened him up to methods others may not have tried.



Michael and Marion Goldwasser

For example, he learned that Management Intensive Grazing provided the best forage for the cattle while protecting the grassland from overuse. MIG is the method where cattle are moved every two to three days to new pasture. This way the cattle are eating the youngest, freshest grasses and the pastures don't get over grazed.

Once a cow gets to a certain weight they are then sent to feeding lots where they eat corn and add 3 to 4 pounds a day in weight. According to Michael, a cow will not choose grass over corn and they would not leave the feeding lot for a green pasture. Once the cow has reached market weight, it is slaughtered and processed for retail sale. Many foreign countries find certain parts of the cow much more appealing than Westerners: 40,000 tons of Kidneys are shipped to Egypt; Mexico gets 10,000 tons of lips; 10,000 tons of tongues and 10,000 tons of hearts; Russia gets 18,000 tons of hearts; and Japan receives a mere 4,000 tons of brains. I'll stick with my steak.

## NEW – East Surry Interact Club

Vera Reynolds is our new Rotary liaison with East Surry High School and their new Cardinal –Venture Interact Club. We are very happy to have Vera in this role. She retired from teaching in the Mount Airy School System and has been a Rotary member for several years. We are excited to have another Interact group developing and look forward to learning more about their activities and accomplishments.

Recently Vera met with the East Surry students and they are already making plans for their first year. The following officers were elected to serve:

- President:** Greg Thorn
- Vice President:** Ashley Jessup
- Secretary:** Chole Imus
- Treasurer:** Caroline Marion
- International Project Chair:** Wes Musgrove
- Local Projects Chair:** Dallas Hartley
- Scholarship Chair:** Rhett Bodford
- Sponsor:** Renee Watson
- Co-sponsor:** Misty Bruner



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### LEADING THE WAY

#### OFFICERS 2010-2011

Alton Gaither  
*President*  
Kate Appler  
*President Elect*  
Cathy Stevens  
*Secretary*  
Marie Wood  
*Treasurer*  
Charles Dugger  
*Sergeant At Arms*  
Bob Meinecke  
*Past President*

#### BOARD MEMBERS

Ann Vaughn  
Greg Perkins  
Jim Petelle  
Steve Lindsley  
David Adkisson

## Doc's Rocks Gem Mine



Randy McCoy talks Gems with Brandt Scholz

Are you looking for a special outing for your children, grandkids, or maybe just yourself? Then consider Doc's Rocks Gem Mine between Boone and Blowing Rock, NC. They were recently recognized by the North Carolina Board of Education as the ONLY education based commercial gem mine in North Carolina. Andy McCoy, owner and chief geological guru founded Doc's Rocks about 4 years ago. For a fun and educational outing for the entire family, visit Doc's Rocks located beside Mystery Hill. [www.docrocks.net](http://www.docrocks.net).



## Toys for Tots

Pete Lydens is once again coordinating the Toys for Tots Christmas collection. The Salvation Army will actually do the distributing of toys for children this Christmas through their well organized program.

Please bring new, unwrapped gifts to Rotary or you can make a donation by writing a check to: **Toys For Tots Foundation**. Pete will be accepting these donations through the middle of December. Let's get onboard and shop early.

### NOVEMBER

## Birthdays & Anniversaries

Nov 6.....Marie Wood  
 Nov 6.....David Jessup  
 Nov 13...Joanna Refvem  
 Nov 16....Catherine Eckenrod  
 Nov 25....Burke Robertson  
 Nov 27....Paul Belk  
 Nov 29....Candace Sammons  
 Nov 30....Hugh Peoples

Nov 19  
 Jack and Marie Wilson  
 Nov 27  
 John and Donna Jackson

## Foundation Giving — Turn \$1,000 into \$4,000

Now that is the kind of financial growth that gets your attention and Rotary has just the program to make it happen. District Governor Wes Patterson visited with us again recently and explained how our donations, both individual and club can grow and be used to fund projects. Projects like the Mount Airy Rotary one GG 25183 Kitgum Girls' and Mothers' Sanitation, Health and Education Project. Thanks to Marion Goldwasser this was the first Global Grants Project submitted to the District for funding and already we have 7 participating clubs joining us. This project will focus on the need for hygiene and clean water for women who are pregnant or have just given birth. It will help focus on hygiene conditions for young girls and the reasons that keep them out of school; and finally education of women and girls so their very existence can be uplifted and improved.

So how can your \$1,000 turn into \$4,000? You, or the club, can make a \$1,000 contribution by writing your check to Rotary International and on the For line write Donation to Annual Fund. These funds are then sent to District which will be matched 100% – now you have \$2,000. The \$2,000 is matched by Rotary International and voila we now have \$4,000 now available to be used toward our project. That is some pretty impressive growth, and all from your \$1,000 gift.

DG Wes Patterson Talks Foundation Giving

Now don't let me scare you off by using \$1,000 as the example. Any amount of money you wish to donate is just as precious and badly needed. Your dollars added to other's dollars add up fast. Just be sure to write on the For line on your check: Donation to Annual Fund



# Mount Airy High School Interact Club

We recently had the officers of the Mount Airy High Interact Club visit us at Rotary. Below is a picture of the whole club take on an early Friday morning at school. Alton Gaither and Steven Simpson are shown in the picture along with Coach

Mayo who is their Advisor. Also pictured is Sam Eberdt whose sister Kathryn is an Interact member. He found it great fun to hang out with some of the football players who are also Interact members.



Mount Airy Interact Club



Sam Eberdt poses with football players

## Budbreak Festival Update

Plans are well underway for next year's Budbreak Wine Festival. We are attracting new sponsors like Century Link who will be sponsoring our new website, Patterson-Collins Automotive, which will be sponsoring entertainment needs, SouthData which is sponsoring the new food court, Workforce Carolina sponsoring the wine competition, and Interlam Designs sponsoring a local band, and B&L Jewelers which will be providing special music at the Museum. The Downtown Business Association is sponsoring a major band (to be announced) that will help bring in larger attendance. Many new attractions will be announced as firm plans are completed. Mark your calendars for Saturday April 30, 2011.

As with many annual events they start out small and build as time passes and the event matures. We are in the early years of what we hope to grow into a very successful and fun event for Rotary; for downtown Mount Airy and the community at large.



## NOVEMBER

<u>DATE</u>	<u>ROTARIAN</u>	<u>SPEAKER &amp; PROGRAM</u>
Nov 2	Craig Perkins	Jeffrey Ellis
Nov 9	Alton Gaither	Club Assembly
Nov 16	TBA	TBA
Nov 23	Steve Simpson	Terry Stoops – NC Public Schools <i>Sink or Swim</i>
Nov 30	TBA	TBA

# MEMBERSHIP ROSTER

ROTARIAN	SPOUSE	ROTARIAN	SPOUSE	ROTARIAN	SPOUSE
David Adkisson	Ellen	Gary Harold	Vicki	Britta Needham	Jeff
Kate Appler	Mark	Todd Harris	Betsy	Chris Nichols	Angie
Faith Ashby	Ted	Darrin Hartness	Lisa	Gray Parker	Sandra
Ted Ashby	Faith	John Haynes	Barbara	Richard Patterson	Kaye
Paul Belk	Cecelia	Craig Hensley	Allison	Greg Perkins	Julie
Ed Bondurant		Robin Hester	Thurman	Jim Petelle	Ann
Horace Bondurant	Jewel	Derek Higgs	Mary	Hugh Peoples	
Ricky Bowman	Lori	Ashley Hinson	Lynne	John Priddy	Sandra
Sue Brownfield	Hal	Eric Hodges		Gene Rees	Peggy
Carol Burke		Bill Holcomb		Bill Refvem	Joanna
Karen Burnette	Bruce	Bucky Holcomb	Kim	Joanna Refvem	Bill
Greg Cave	Lynette	Sandy Hurley	Will	Vera Reynolds	
Nelson Clark	Lisa	Joan Inman	Bill	Burke Robertson	Carolyn
Betty Ann Collins	Martin	John Jackson	Donna	Mark Rogers	Deidre
John Collins	Bobbie	David Jessup		Aaron Routh	Lee Ann
Gary Cook	MaryAnn	Alison Johnson	Alan	Candace Sammons	Macon
Ben Cooke	Lone	Amy Johnson	Bill	Macon Sammons	Candace
Adam Delp	Tammy	Bill Johnson	Tina	Brandt Scholz	Lynn
Charles Dugger	Shirley	Dick Johnson		Frank Sells	Amanda
Cathy Eckenrod	Skip	Jim Lewis	Teresa	Twyla Sickmiller	Roger
Matthew Edwards	Glenda	Teresa Lewis	Jim	Steven Simpson	Maria
Jeffery Ellis		Steve Lindsley	Lorie	P.J. Snow	Joy
Tom Fawcett	Mary	Benny Lisk	Pam	Cathy Stevens	Mark
Fred Folger		John Lockhart	Alice	Ann Vaughn	Tom
Ralph Forbes	Erika	Peter Lydens	Linda Wright	Dale Watson	Celena
Deborah Friedman		Lenise Lynch		Anne Webb	Tom
Alton Gaither	Janice	Greg Marshall	Lori	Tom Webb	Anne
Marian Goldwasser	Michael	Kirby McCrary	Tammy	Jay Williams	Beth
Jim Grimes		Carla Majure	David	Jack Wilson	Marie
Steve Gross	Polly	Tim Marion	Cindy	Dick Wimbish	Sue Ellen
Ken Gulaian	Kari	Frank Mayberry	Jerri	Marie Wood	Tycho, Jr.
Raymond Hanna		Robert Meinecke	Judy	Betty Wright	Hylton
		Bob Moody	Kathy	Doug Yarboro	Amanda

Key: Past President Board of Directors Paul Harris Fellow

Honorary Members .....	1
Active Members.....	97
Total Membership.....	98
Paul Harris Fellow.....	78

**WEEKLY MEETINGS**  
 Tuesday, 12:10 pm  
 Cross Creek Country Club  
 1129 Greenhill Road  
 Mount Airy, NC

## MAKEUP MEETINGS

Monday.....Stuart, VA .....	Rotary Park .....	6:30 pm
Tuesday.....Winston-Salem .....	Benton Conv. Ctr.....	12:30 pm
Tuesday.....Yadkinville.....	Ace's Restaurant .....	7:30 am
Wednesday.....Yadkin-Valley.....	Fairfield Inn .....	7:45 am
Wednesday.....Surry Sunrise.....	Prime Sirloin .....	7:30 am
Wednesday.....Galax, VA .....	Prime Sirloin.....	Noon
Thursday.....Hillsville, VA .....	Shoney's Restaurant.....	Noon
Thursday.....King .....	Town & Country Rest...7:00 am	
Friday.....Reynolda .....	Winston-Salem Col.....	12:30 pm

# Cycling from Alaska to Pilot Mountain

Taking up spinning at the age of 64, as a means for losing weight and getting heart healthy, was just the beginning for Wayne Burton. It wasn't too long before he got the idea to ride a bike. With encouragement from his friend and neighbor Jerry Cash Martin, Wayne decided that doing a long distance trek might be just the excitement he was looking for. Wife Bennie wasn't quite as sure, but being the loving and supportive spouse she is she got onboard and encouraged his plan.

Wayne trained for several months, and then shipped his bike to Fairbanks, Alaska where on June 21 he began his journey. The scenery was breathtaking and many days he said "wow" out loud at what lay before him. His first bear sighting was an injured grizzly, but good judgment prevailed and instead of taking a picture he moved along. Over the trip he saw 14 bears and many, many deer and antelope.

Asked why he decided to undertake such an adventure at the young age of 66 Wayne said he just wanted to prove he could do it. Only once did he wake up and question his sanity. With the help of a satellite

tracking device his family and friends knew where he was each night. It was such a good device that it would pinpoint his exact location. In case he had an emergency he could have pressed the SOS button and hopefully help would have arrived, but good fortune was with him and only once did he actually take a spill where he received cuts and bruises. He arrived in Mount Airy on Sept. 4th to cheers, but had to forego the Rueben Sandwich at Pandowdy's he'd so longed for...they were closed for vacation.

In the end he peddled 4,747 miles; had 16 flat tires; rode an average of 78 miles per day with the longest ride in one day being 123 miles. His longest day riding was 10 hrs 45 min from Buffalo, Wyoming to Casper, Wyoming. Most people were friendly and courteous, and only once did he get hit by someone throwing an empty can at him.

Recently he completed the mountains to the sea ride from Asheville, NC to Wilmington, NC. We'll be waiting to see where Wayne decides to go next.



Fairbanks, Alaska

Pilot Mountain, N.C.

*Bennie & Wayne Burton and THE BIKE*